

NASIRAT TA'LIM SYLLABUS AGE 12

National Syllabus: Book 3(Part 1 & Part 2)

Target for Whole Year:

- Learn the translation of the first half of Surah Al-Baqarah (Optional for Nasirat)
- If possible, Nasirah can keep fast for one to two days during the month of Ramdhan
- Each month, the Nasirat Secretary will evaluate each Nasirah on completion of the Talim syllabus (Checkbox column should be filled by Teacher)
- **Anything optional for Nasirat, is mandatory for Waqifat**
- **If any material given to memorize is not part of age syllabus book, kindly refer to online National Ta`limi Syllabus for other age groups.**

Monthly Breakdown

Month 1		
What to do	Where to find	Signature
Memorize Sūrah Aal-e-Imraan (Verses 26-27)	See The Holy Qur'ān Chapter 3 OR Waqf-e-nau Syllabus (Part 2) P. 70 OR National Ta`limi Syllabus Book 3 (Part 2) P. 19-20	
Study the life of the Holy Prophet, Hazrat Muhammad ^{sa} 's life in Mecca (Before Hijra)	See National Ta`limi Syllabus Book 3 (Part 1) P. 55-89	
Memorize the following Attribute of Allah, with translation: • Al-'Azīz(The Mighty)	See Waqf-e-nau Syllabus (Part 2) P. 73 OR National Ta`limi Syllabus Book 3 (Part 1) P. 13	
Memorize couplets 1-4 of Poem "Mein apnei pei-āron ki nisbat..." میں اپنے پیاروں کی نسبت	Kalam-e-Mahmood OR Waqf-e-nau Syllabus (Part 2) P. 72 OR National Ta`limi Syllabus Book 3 (Part 2) P. 100 -105	
Study Friday sermon Dated, February 10, 1989. Adapt the following 5 fundamental moral qualities: 1. Truthfulness 2. Clean and decent language 3. Tolerance and forbearance 4. Feeling the pain and suffering of others 5. High resolve and determination	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 - Pages 32-35 www.alislam.org/library/books/Sermons-on-Waqf-e-Nau.pdf	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 16-20 only	

Month 2		
What to do	Where to find	Signature
Memorize Surah Aal-e-Imraan (Verses 28)	See The Holy Qur'an Chapter 3 OR Waqf-e-nau Syllabus (Part 2) P. 70 OR National Ta'limi Syllabus Book 3 (Part 2) P. 19-20	
Memorize hādith with translation "The Upper Hand is Better"	Waqf-e-nau Syllabus (Part 2) P. 71 OR National Ta'limi Syllabus Book 3, (Part 2), P. 51-52	
Memorize the prayer at the beginning of the journey (Subhan'alazi Sukhara lana...)	Waqf-e-nau Syllabus (Part 2) P. 49 OR National Ta'limi Syllabus Book 3 (Part 2) P. 73	
Memorize the following Attribute of Allah, with translation: • At-Tawwāb (Oft-Returning with Compassion)	Waqf-e-nau Syllabus (Part 2) P. 73 OR National Ta'limi Syllabus Book 3 (Part 1) P. 13	
Memorize the couplets 5-8 of the Poem "Mein apnei pei-āron ki nisbat..." میں اپنے پیاروں کی نسبت	See Kalam-e-Mahmood OR Waqf-e-nau Syllabus (Part 2) P. 72 OR National Ta'limi Syllabus Book 3 (part 2) P. 100-105	
Study Friday sermon Dated, February 10, 1989 (Optional for Nasirat)	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 - P. 36-38 www.alislam.org/library/books/Sermons-on-Waqf-e-Nau.pdf	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 21-25 only	
Month 3		
What to do	Where to find	Signature
Memorize Surah Aal-e-Imraan(verse 191-192)	See The Holy Qur'an Chapter 3 OR Waqf-e-nau Syllabus (Part 2) P. 70 OR National Ta'limi Syllabus Book 3(Part 2) P. 21	
Memorize Hadith with translation "Repentance from Sins"	See Waqf-e-nau Syllabus (Part 2) P. 71 OR National Ta'limi Syllabus Book 3 Part 2 P. 53-54	
Memorize the Attribute of Allah with translation: • Al-Waliyy (The Protecting Friend)	See Waqf-e-nau Syllabus (Part 2) P. 73 OR National Ta'limi Syllabus Book 3 Part 1 P. 13	
Memorize the couplets 9-12 of the Poem "Mein apnei pei-āron ki nisbat..." میں اپنے پیاروں کی نسبت	See "Kalam-e-Mahmood" OR Waqf-e-nau Syllabus (Part 2) P. 72 OR National Ta'limi Syllabus Book 3 part 2 P. 100-105	
Study Friday sermon Dated, February 10, 1989 (Optional for Nasirat)	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 - Pages 39-42 www.alislam.org/library/books/Sermons-on-Waqf-e-Nau.pdf	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 26-30only	

Month 4		
What to do	Where to find	Signature
Memorize Sūrah Aal-e-Imraan(verse 193-194)	See The Holy Qur'ān Chapter 3 OR Waqf-e-Nau Syllabus (Part 2) P. 70 OR National Ta`limi Syllabus Book 3(Part 2) P. 22	
Memorize hādith with translation “Respect Leaders of Others”	See Waqf-e-nau Syllabus (Part 2) P. 71 OR National Ta`limi Syllabus Book 3 (Part 2) P. 55-56	
Memorize the prayer recited at the End of a Journey	See Waqf-e-nau Syllabus (Part 2) P. 50 OR National Ta`limi Syllabus Book 3 (Part 2) P. 74	
Memorize the following Attribute of Allah with translation: <ul style="list-style-type: none"> Ar-Ra`ūf (The Compassionate) 	See Waqf-e-nau Syllabus (Part 2) P. 73 National Ta`limi Syllabus Book 3 (Part 1) P. 13	
Memorize the couplets 13-16 of the Poem “Mein apnei pei-āron ki nisbat...” میں اپنے پیاروں کی نسبت	See Kalam-e-Mahmood OR Waqf-e-nau Syllabus (Part 2) P. 72 OR National Ta`limi Syllabus Book 3 (part 2) P. 100-105	
Study Friday sermon Dated, February 10, 1989 (Optional for Nasirat)	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 - Pages 43-45 www.alislam.org/library/books/Sermons-on-Waqf-e-Nau.pdf	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 31-35 only	
Month 5		
What to do	Where to find	Signature
Memorize Surah Aal-e-Imraan (verse 195)	See The Holy Qur'ān Chapter 3 OR Waqf-e-nau Syllabus (Part 2) P. 70 OR National Ta`limi Syllabus Book 3(Part 2) P. 22	
Memorize hādith with translation “False Oaths”	See Waqf-e-nau Syllabus (Part 2) P. 71 OR National Ta`limi Syllabus Book 3 (Part 2) P. 57-58	
Memorize the following Attribute of Allah: <ul style="list-style-type: none"> Al-Malik (The true and Ultimate King) 	See Waqf-e-nau Syllabus (Part 2) P. 73 OR National Ta`limi Syllabus Book 3 (Part 1) P. 13	
Memorize couplets 17-20 of the poem “Mein apnei pei-āron ki nisbat...” میں اپنے پیاروں کی نسبت	See “Kalam e Mahmood” OR Waqf-e-Nau Syllabus (Part 2) P. 72 OR National Ta`limi Syllabus Book 3 (Part 2) P. 100-105	
Study the life of Prophet, Hazrat Shoab ^{as} (Optional for Nasirat)	See Maryam Magazine Oct-Dec 2014 Issue # 12 P. 25 URDU www.alislam.org/library/periodical/maryam/	
Study Friday sermon Dated, February 10, 1989 (Optional for Nasirat)	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 – Pages 46-48 www.alislam.org/library/books/Sermons-on-Waqf-e-Nau.pdf	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 36-40 only	

Month 6

What to do	Where to find	Signature
Revise Surah Aal-e-Imraan (Verses 191-195)	See The Holy Quran Chapter 3 OR Waqf-e-nau Syllabus (Part 2) P. 70 OR National Ta`limi Syllabus Book 3 (Part 2) P. 21-22	
Memorize the hādith with translation “Importance of Sadaqah”	See Waqf-e-nau Syllabus (Part 2) P. 71 OR National Ta`limi Syllabus Book 3 (Part 2) P. 59 -60	
Memorize the couplet 21-22 and revise the entire poem “Mein apnei pei-āron ki nisbat...” میں اپنے پیاروں کی نسبت	See “Kalam-e- Mahmood” OR Waqf-e-nau Syllabus (Part 2) P. 72 OR National Ta`limi Syllabus Book 3 (Part 2) P. 100-105	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 41-45 only	

Month 7

What to do	Where to find	Signature
Memorize Sūrah Al-An`aam Verse 96-98	See The Holy Qur`ān Chapter 6 OR Waqf-e-nau Syllabus (Part 2) P. 75 OR National Ta`limi Syllabus Book 3 (part 2) Pages 23-24	
Memorize hādith with translation “This World is a Prison”	See Waqf-e-nau Syllabus (Part 2) P. 76 OR National Ta`limi Syllabus Book 3 (Part 2) P. 61-62	
Memorize the following Attribute of Allah with translation: • Al-Haqq (The Real)	See Waqf-e-nau Syllabus (Part 2) P. 78 OR National Ta`limi Syllabus Book 3 (Part 1) P. 14	
Memorize the couplets 1-2 of “Jamālo ḥusne Qur`ān nūre jāne har musalmān hai...” جمال و حسن قرآن	See “Durr e Samin” OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta`limi Syllabus Book 3 (Part 2) P. 94	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 46-50 only	

Month 8

What to do	Where to find	Signature
Memorize Sūrah Al-An`aam Verses 99-100	The Holy Qur`ān Chapter 6 OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta`limi Syllabus Book 3 (Part 2) Pages 24-25	
Memorize hādith with translation “Taking back a gift”	Waqf-e-nau Syllabus (Part 2) P. 76 OR National Ta`limi syllabus Book 3 (Part 2) P. 63-64	

NASIRAT PROGRAM & GUIDELINES

Study the life History of Prophet, Hazrat Jacob (Ya'qub) ^{as} (Optional for Nasirat)	Nasirat Ul Ahmadiyya syllabus age 13-14 P. 166	
Memorize the couplets 3-4 of "Jamālo ḥusne Qur'ān nūre jāne har musalmān hai..." جمال و حسن قرآن	See "Durr e Samin" OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta'limi Syllabus Book 3 (Part 2) P. 95	
Memorize the following Attribute of Allah, with translation: • Al-Waasi' (The Vast, The All Encompassing)	See Waqf-e-Nau Syllabus (Part 2) P. 78 OR National Ta'limi Syllabus Book 3 (Part 1) P. 14	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Question 51-55 only	

Month 9

What to do	Where to find	Signature
Memorize Sūrah Al-An'aam Verses 101-103	The Holy Qur'ān Chapter 6 OR National Ta'limi Syllabus Book 3 (Part 2) P. 26 OR Waqf-e-nau Syllabus (Part 2) P. 75	
Memorize the ḥādith with translation "Do not sever your relations"	See Waqf-e-nau Syllabus (Part 2) P. 76 Or National Ta'limi Syllabus Book 3 (Part 2) P. 65-66	
Memorize the following Attribute of Allah, with translation: • Hād (The Guide)	See Waqf-e-Nau Syllabus (Part 2) P. 78 Or National Ta'limi syllabus Book 3 (Part 1) P. 14	
Memorize the couplets 5-6 of "Jamālo ḥusne Qur'ān nūre jāne har musalmān hai..." جمال و حسن قرآن	See "Durr e Samin" OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta'limi Syllabus Book 3 (Part 2) P. 96	
Question and Answer Topic: The Promised Messiah Hazrat Mirzā Ghulam Aḥmad ^{as}	See Q&A Section: Questions 56-60 only	

Month 10

What to do	Where to find	Signature
Memorize Sūrah Al-An'aam Verses 104-106	The Holy Qur'ān Chapter 6 OR Waqf-e-nau Syllabus (Part 2) P. 75 OR National Ta'limi Syllabus Book 3 (Part 2) P. 27	
Memorize ḥādith with translation "A little that suffices is Better"	See Waqf-e-nau Syllabus (Part 2) P. 76 OR National Ta'limi Syllabus Book 3 Part 2 P. 67-68	
Memorize the following Attribute of Allah with translation: • Sub-ḥān (Pure)	See Waqf-e-nau Syllabus (Part 2) P. 78 or National Ta'limi Syllabus Book 3 (Part 1) P. 14	
Memorize the couplets 7-8 of "Jamālo ḥusne Qur'ān nūre jāne har musalmān hai..." جمال و حسن قرآن	See "Durr e Samin" OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta'limi Syllabus Book 3 (Part 2) P. 97	
Question and Answer Topic: Ḥazrat Khalīfatul Masīh I, Ḥazrat Maulvī Hakīm Nūrūddīn ^{ra}	See Q&A Section: Questions 1-5 only	

Month 11

What to do	Where to find	Signature
Memorize Sūrah Al-An`aam Verses 107-110	See The Holy Qur`ān Chapter 6 OR Waqf-e-nau Syllabus (Part 2) P. 75 OR National Ta`limi Syllabus Book 3 (Part 2) P. 28-29	
Memorize hādith with translation “Know your own worth”	See Waqf-e-nau Syllabus (Part 2) P. 76 OR National Ta`limi Syllabus Book 3 Part 2 P. 69-70	
Memorize the couplets 9-10 of “Jamālo ḥusne Qur`ān nūre jāne har musalmān hai...” جمال و حسن قرآن	See “Durr e Samin” Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta`limi Syllabus Book 3 (Part 2) P. 98	
Question and Answers: Ḥazrat Khalīfatul Masīh I, Ḥazrat Maulvī Hakīm Nūruddīn ^{ra}	See Q&A Section: Questions 6-10 only	

Month 12

What to do	Where to find	Signature
Memorize the Prayer recited (with translation) when visiting the sick	See Waqf-e-nau Syllabus (Part 2) P. 78 OR National Ta`limi Syllabus Book 3 Part 2 P. 75	
Memorize the following Attribute of Allah with translation: • Al-Ghaniyy -(The Self-Sufficient)	See Waqf-e-nau Syllabus (Part 2) P. 78 OR National Ta`limi Syllabus Book 3 (Part 1) P. 14	
Study the entire life of the Promised Messiah ^{as}	See National Ta`limi Syllabus Book 3 (Part 1) Pages 139-195	
Study Friday sermon Dated, February 10, 1989. Adapt the following 5 fundamental moral quali- ties: (Optional for Nasirat) 1. Truthfulness 2. clean and decent language 3. tolerance and forbearance 4. Feeling the pain and suffering of others 5. High resolve and determination	Waqf-e-Nau Syllabus (Part 2) P. 74 See Sermon # 2 www.alislam.org/library/books/Sermons- on-Waqf-e-Nau.pdf	
Memorize the couplets 11-12 of “Jamālo ḥusne Qur`ān nūre jāne har musalmān hai...” جمال و حسن قرآن	See “Durr e Samin” OR Waqf-e-nau Syllabus (Part 2) P. 77 OR National Ta`limi Syllabus Book 3 (Part 2) P. 99	
Question and Answer Topic: Ḥazrat Khalīfatul Masīh I, Ḥazrat Maulvī Hakīm Nūruddīn ^{ra}	See Q&A Section: Questions 11-15 only	